



Office of the State Superintendent of Education

Department of Special Education

Training and Technical Assistance

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#### Participants will be able to:

- Utilize **Principle II and III** from the UDL Framework to modify curriculum and instruction to meet the needs of their students.
- Identify applications of UDL in different content areas.
- Apply the basic principles of Universal Design.
- Effectively plan lessons utilizing UDL principles.



#### Essential Question:

How can we ensure that special education students receive a Free and Appropriate Public Education within the Least Restrictive Environment through the implementation of appropriate inclusive practices?



#### Session Agenda

- Introductions
- Session One Review
- Primary Guiding Principles of UDL
  - Principle II- Provide Multiple Means of Representation
  - Principle III –Provide Multiple Means of Engagement
- Activity One Jigsaw a Lesson Plan
- Applying UDL principles to Instruction
- Activity Two- Completing and Improving Your Lesson Plan
- Break
- UDL and Social Learning Environments
- Activity Three Presentation, Expression, and Engagement
- Question /Self Evaluation



This presentation was created based on the information and resources provided by the *National Center on Universal Design for Learning and National Institute for Urban School Improvement* 

<u>www.udlcenter.org</u> <u>www.urbanschools.org</u>



## Universal Design: Foregrounding Equity



People who are considered different by those in the majority have a long history of exclusion & denied access.

## **Universal Design: Foregrounding Equity**



Universal Design
(UD) = Equitable
opportunities &
access to
information &
participation

#### Universal Design (UD)

Originated in architecture to ensure *equitable access* to spaces and products.

"The design of all products and environments to be usable by all people, to the greatest extent possible, without the need for adaptation of specialist design." Ron Mace, architect

#### ...Foregrounding Culture



Our vision of UD is one in which the cultural and historical experiences of diverse individuals promote powerful possibilities for their access and participation in physical, social, and learning environments.



The goal of education in the 21st century is not simply the mastery of knowledge. It is the mastery of learning.

CAST (2008). Universal design for learning guidelines version 1.0



#### Students who are Expert Learners are:

Strategic

Goal directed

Resourceful

Knowledgeable

Purposeful

Motivated



## Strategic and Goal Directed Students:

- Formulate plans for learning
- Devise effective strategies and tactics to optimize learning
- ➤ Monitor their progress towards mastery
- Are aware of their strengths and weaknesses
- Know how to abandon plans and strategies that are ineffective



### Resourceful and Knowledgeable Students

- > Bring prior knowledge to new learning
- > Know how to activate prior knowledge to:
  - **►**Identify
  - **≻**Organize
  - > Prioritize
  - > Assimilate
- Recognize items in their learning "toolkits" that would help:
  - Find, structure, and remember new information
  - Transform new information into meaningful and useable knowledge



#### **UDL** defined

Universal Design for Learning (UDL) is an approach to learning that addresses and redresses the primary barrier to making expert learners of all students: inflexible, one-size-fits-all curricula that raise unintentional barriers to learning.

Learners with disabilities are the most vulnerable to such barriers, but many students without disabilities also find that curricula are poorly designed to meet their learning needs.



# Diversity is the norm, not the exception...

CAST (2008). Universal design for learning guidelines version 1.0



Our curricula, rather than our students are disabled... CAST (2008). Universal design for learning guidelines version 1.0



#### Something to Think About!

The burden of adaptation should be first placed on the curriculum, not the learner.

CAST (2008). Universal design for learning guidelines version 1.0



Using Universal Design for Learning to ensure all curriculum is meeting the:

Who

What

How

of effective instruction.

Which includes:

Goals Objectives

Method Materials Assessments

Plans





Three primary principles guide UDL:

Principle I: Provide Multiple Means of Representation

Principle II: Provide Multiple Means of Expression

Principle III: Provide Multiple Means of Engagement



## Principle I: Provide Multiple Means of Representation

The "what" of learning

- Students need multiple ways to approach content materials.
- Students need different ways to receive and process information.
- Information should be delivered according to the student's learning style.



# Principle II: Provide Multiple Means of Expression The "how" of learning

- Students must have various ways to navigate their learning environment and the material learned.
- Students must have various ways to demonstrate their level of mastery
- Students must have multiple opportunities to demonstrate their knowledge.

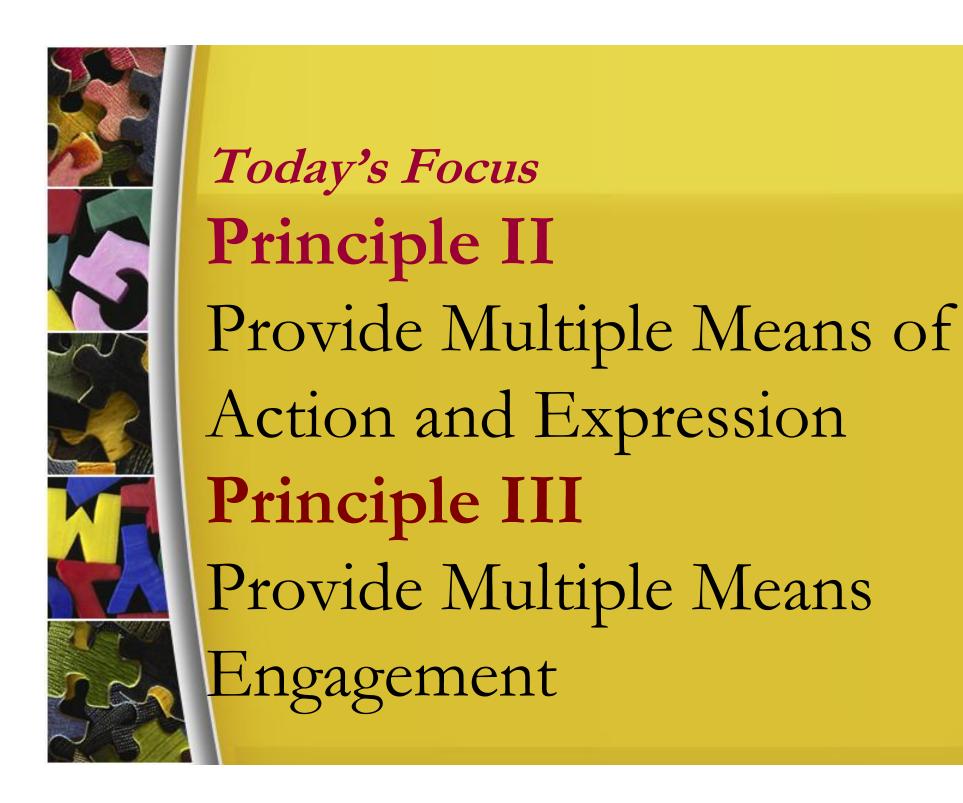


#### Principle III: Provide Multiple

Means of Engagement

The "why" of learning

- Students level of engagement must remain high during instruction.
- Delivery of instruction must be centered around the student.
- Their unique personalities must be taken into account when determining how they will be motivated.





#### Guidelines for Principle II Provide Multiple Means of Action and Expression

- Provide options for physical action
- Provide options for expressive skills and fluency
- Provide options for executive functions



#### Guidelines for Principle III

- Provide options for recruiting interest
- Provide options for sustaining effort and persistence
- Provide options for selfregulation



## ACTIVITY ONE

Jigsaw a Lesson Plan



## Components of a UDL Lesson Plan

**Topic** 

Grade/ Age Level

**Outcomes** 

**Student-centered focus** 

Media and Materials

Methods

Assessments



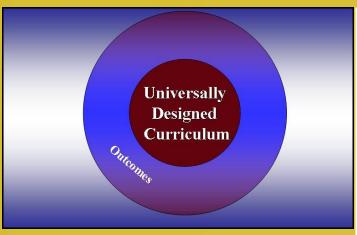
## Applying the Components of UDL Lesson Plans: For All, For Most, For Some

All students in any given classroom have access to the components of the lesson plan. This is represented by the underground roots and the tree trunk. Some students will choose or require additional elements (tree





Applying Standards to Outcomes of UDL Curriculum: Transcending the Constraints of Predetermined Standards





- National, state & local
- •Relevant to students in context (TESOL, multicultural education, standards of cultural responsiveness).



#### **UDL Outcomes**

#### **Desired Outcomes** should include:

- Engagement of all students
- •Students applying understanding of content to a task observable by the teacher





## **UDL Media, Materials & Methods**



The "Backbone" of UDL Curriculum: Medium & Materials

Media: the means of symbolic or physical representation through which knowledge is communicated.
Materials: Students are able to see themselves and their viewpoint in physical objects utilized in the curriculum.



The "Delivery" of UDL Curriculum: **Methods** 

Methods: the instructional approaches teachers take to facilitate students' learning. These include the social organization of the classroom around participation in learning and inquiry.



## **UDL Student-Centered Learning Environments**

Student Centered Learning
Environments are supported through
the use of the other three aspects of UDL
curriculum, so that students are a part of
creating, rather than simply recipients of
curriculum.



#### Consider:

The ways of participating

The representation of students in materials

The input of students to shape future learning endeavors.



#### **UDL Outcome** in Language Arts

**Lesson**: Explore the text of a folktale in two languages.

Outcome: Students will demonstrate knowledge of a culturally relevant folktale by making inferences
& predictions.

Alvarez, J. (2002). Las

Huellas Secretas (The Secret Footprints). New York: Dragonfly Books.



#### **Examples of supports:**

Text-to-speech software in English & Spanish Animations



## UDL Media, Materials & Methods in History

**Outcome:** Compare and contrast the industrial North with the agricultural South in the 1800s. (Hitchcock, Meyer, Rose & Jackson, 2002)

Different methods to approach the task

How do the perspectives represented in the curriculum reflect the historical experiences of diverse groups?

Thinking tools:
Outlines, diagrams, recording think-alouds

Process: Templates, peer work and review, presentation of completed work in a variety of ways.



**Outcome**: Examine ecotourism; connecting conservation, communities, and sustainable travel.



Student with cognitive disability



Outcome: Describe the impact of American involvement in World War II and describe the changing roles of women and minorities.



(AZ Academic Standard / Strand One / Concept Eight / PO 2c)

Student with difficulty with hand coordination



Outcome: Examine what events increase tourism and why?



Student learning English



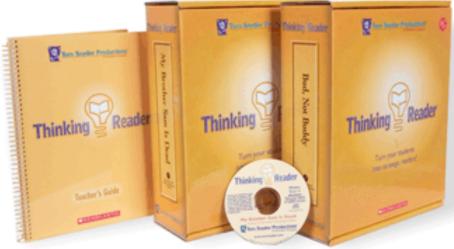
Outcome: Discuss connections between African American youth culture and advertising, fashion, and pop culture.



Student with Attention Deficit Hyperactivity Disorder



#### A UDL Curriculum Tool



### THINKING READER

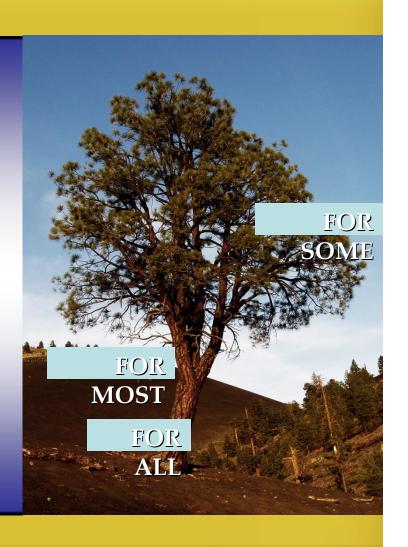
### Center for Applied Special Technology

Founded in 1984, CAST has earned international recognition for its development of innovative, technology-based educational resources and strategies based on the principles of Universal Design for Learning (UDL).



# Applying the Components of UDL Lesson Plans: For All, For Most, For Some

Student-Universally **Designed** Curriculum Onleomes



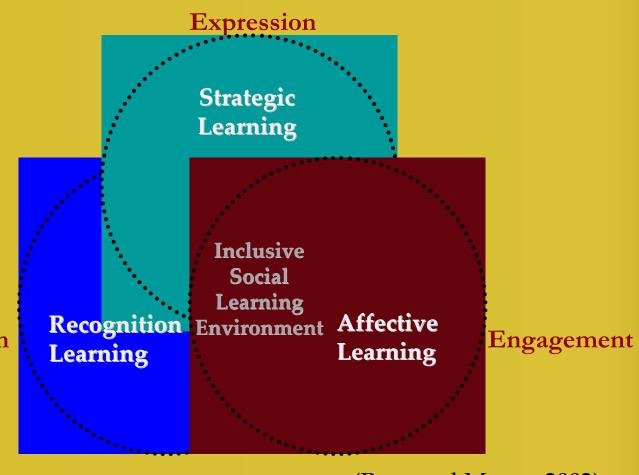


### ACTIVITY TWO

Completing and Improving Your Lesson Plan



## Applying the UDL Framework to an Inclusive Social Learning Environment



(Rose and Meyer, 2002)



## Applying the UDL Framework to the Social Learning Environment

Space

Communication

Participation

Feedback

Engagement

**Motivation** 

Regard



## Applying the UDL Framework to the Social Learning Environment

**Digital Text Features:** 

Size

Color

**Read Aloud** 

**Conversion to** 



(Rose and Meyer, 2002)





# Applying the UDL Framework to the Social Learning Environment

Digital Text Student Responses

Drawing software

**Expression** 

Strategic Learning



Note-taking Alternatives



Voice Recording



# Applying the UDL Framework to the Social Learning

Environment





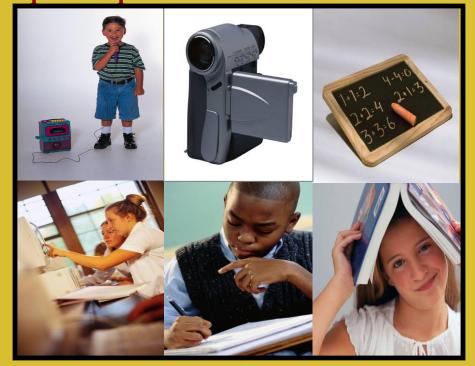


Engagement



# UDL: Focus on Multiple Means for Action and Expression

How does the social environment in your classroom or school support multiple means of student participation?





### UDL: Focus on Multiple Means of Engaging Your Students







### ACTIVITY THREE

Presentation, Expression, and Engagement





#### Resources

- Council for Exceptional Children (2005). *Universal* design for learning: a guide for teachers and education professionals. United States. Author
- www.cast.org
- www.rfbd.org
- www.k8accesscenter.org
- http://urbanschools.org



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